

# Developing Independence



Children are as  
independent as you  
expect them to be.

Maria Montessori



# We will cover:

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- Why independence is important
- The skills we can help our children to develop
- How can we support our children

Why is independence so important?

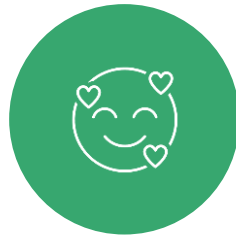
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# Being independent helps to:

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BUILD CONFIDENCE



SUPPORT WELL-  
BEING



DEVELOP  
RESILIENCE



MASTER NEW  
SKILLS



DEVELOP PROBLEM  
SOLVING

When you:

cut it for me,

write it for me,

open it for me,

set it up for me,

draw it for me, or

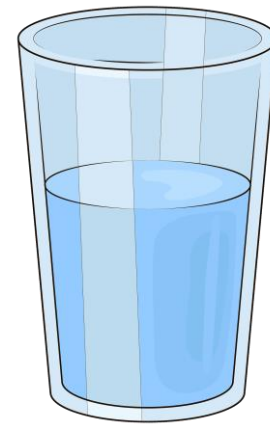
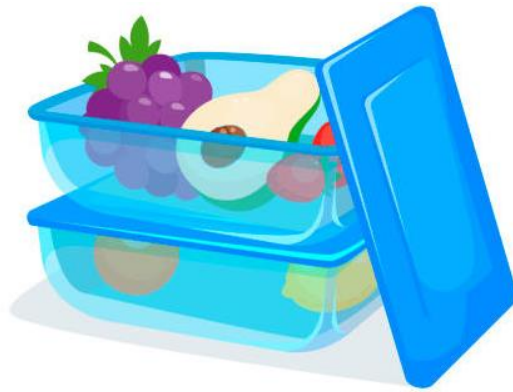
find it for me

[www.mrsdscorner.com](http://www.mrsdscorner.com)

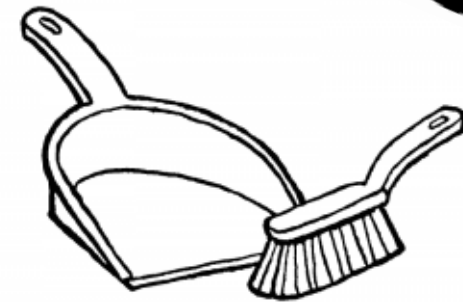
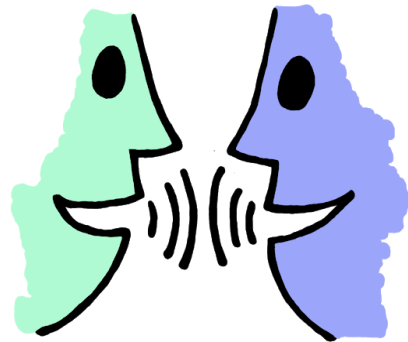
ALL I LEARN IS THAT YOU  
DO IT BETTER THAN ME.

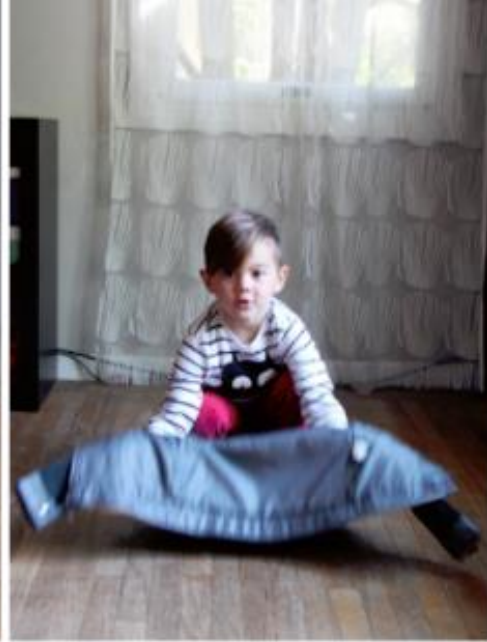
What skills can we help our children to develop?

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Skills





# Coat Flip

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# Shoe Stickers

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How can we support our  
children?

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# What can we say?

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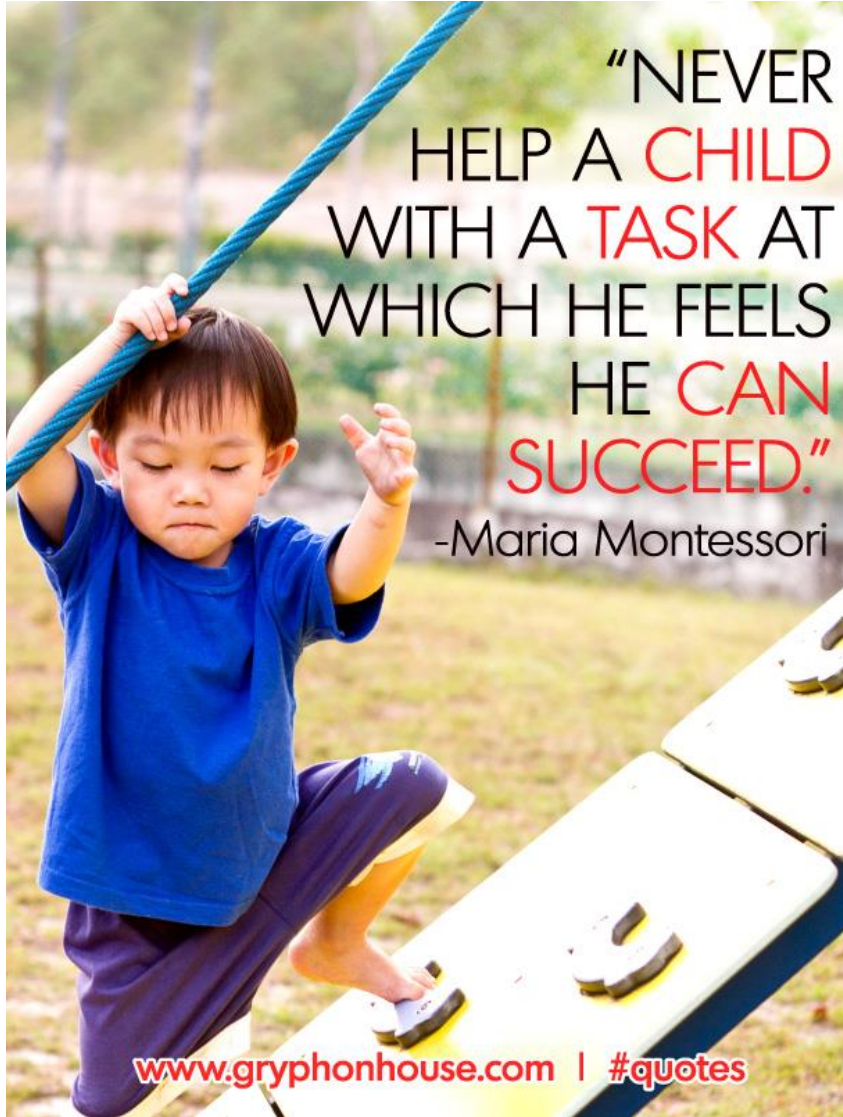
- Well done, you really tried to .....
- Keep going!
- First ..... then .....
- Wow - you can do that now! You couldn't do that last week.
- I am so proud of you for .....
- It's okay, try again.
- Take your time.
- Do you want to ..... or .....
- What have you tried already?

# What can we do?

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- Allow mistakes to happen – that's how we learn!
- Remember how capable our children are
- Model what we want them to do first
- Provide encouragement and praise
- Let children have a go
- Give them time
- Buy child friendly shoes and clothing
- Talk to our children





# 'Least Help First'

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- Don't help straight away
- Start by helping in a small way eg. Laying the coat on the floor
- Break the task down into smaller steps

# Any questions?

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