

ST AGNES NEWS

Autumn 1 2023



Welcome Back

By Ms Phillips

It's a brand new school year and we are thrilled to relaunch our School newspaper!

The Year 5 and 6 children were invited to apply to join the newspaper team. All applicants were asked to make a written application. There were so many fantastic applicants that the team is made up of 17 creative and enthusiastic young people! We are very excited to produce the school newspaper to share all the wonderful things that happen at St Agnes School as well as the hot topics that have got us talking.

As It's been such a busy first half-term, it has been quite difficult to decide what to report on: exciting school trips, inspirational assemblies, sports matches, elections for roles of responsibility, international evening as well as whole school fundraising events.

Among all of the excitement, we have really missed our Headteacher. The newspaper team are dedicating our first edition to Mrs O'Reilly. We wish Mrs O'Reilly a speedy recovery and look forward to seeing her soon.

We really hope you enjoy the stories we have put together in this this first edition!

INTERVIEW

By Poppy-Mae & Sofia P

We decided to interview Miss McNulty, who joined our school in September. Miss McNulty is the teacher in 2M and we wanted to get to know a little bit more about her!



Are you a cat or dog person? Dog

Favourite food and drink? Pasta (Poppy-Mae was very specific about finding out what kind of pasta- spaghetti) and Coke Zero.

Do you have any hidden talents? Ooh, I don't know...

What are your hobbies? I love baking and going to the gym.

What was your job before you were a teacher? I worked in an office doing admin while I was at university.

Do you have brothers or sisters? I have one brother and one sister.

Christmas or Halloween? Christmas 100%, I love it! Especially Christmas eve. I wish it was Christmas every day!

What is your star sign? Pisces.

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SCHOOL CHARITY WORK

Whole school comes together to raise money for cancer charity

By Targol

On Friday 30th September, the whole school came together to raise funds for Maggie's cancer charity. Along side a coffee morning, Miss Bashid and the House Captains organised their very first fundraising event. Miss Bashid said "I felt happy because the kids have wanted to have a pyjama day at school for a long time". The children and staff wore their pyjamas to school in return for a £1 donation.

Margaret explained the reason why we support this charity, "Maggie's at the Royal Free Hospital, has supported previous parents who have been diagnosed with breast cancer".

Maggie's provides free cancer support and information in centres across the UK and online. The first Maggie's opened in Edinburgh in 1996. Our local centre is a brand new building at the Royal Free Hospital which is due to be completed by autumn 2023.



St Agnes in our PJ's!



House Captains ready for the coffee morning.

Maggie Keswick Jencks, the founder of the charity, felt that her diagnosis and treatment was as hard on her family as it was on her, so she created a new type of support, a centre that could make the experience of cancer more manageable for everyone.

Thank you to everyone who bought cakes and attended our coffee morning for Maggie's. We raised an amazing sum of £417.65 together with the £365 that we raised by the children for the pyjama day. The grand total was a donation of £782.65!!!

If you or someone you care about has been diagnosed with cancer, Maggie's Royal Free can help, providing free cancer support and information. You can call the team on 020 3981 4840 or email royalfree@maggies.org



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WORLD NEWS

War in Israel

By Daniel, Francesca & Raphael

The Israeli–Palestinian conflict is one of the world's longest conflicts. It is a war and dispute that is going on between the State of Israel and the Palestinians. The latest fight is over two areas of land. The Gaza Strip is a small area bordering Israel and Egypt on the Mediterranean Sea.



Many cultures have lived in Palestine through history and built their civilizations.

The other is the West Bank, which includes East Jerusalem and borders Jordan and the Dead Sea. Known as the Holy Land, it is a region with religious and historical significance to Jews, Muslims, and Christians.

On Saturday, 7 October, a Jewish sabbath day and the end of the weeklong Jewish festival of Sukkot, Hamas carried out an attack by air, sea and land .

What have world leaders said?

UK Prime Minister Rishi Sunak has pledged "steadfast support" to Israel's Prime Minister Benjamin Netanyahu. "We will do everything that we can to help" he said.

US President Joe Biden says his country's support for Israel is "rock solid and unwavering".

China's leadership has called on both sides to show "restraint" and "cease fire immediately".

Prayers

For the sake of all the innocent civilians in both countries, we pray that peace can be found soon.

Let us pray for the many people whose lives have been torn apart by conflict in Gaza and Israel.

We remember especially those who have died, those who are grieving, the injured and those now without food, shelter or medical supplies.

We pray also for those who have the power to bring peace. May they be touched by a spirit of compassion and kindness.

Lord hear us.

For advice about what to do if you feel sad about what you have read search <https://www.bbc.co.uk/newsround/13865002>

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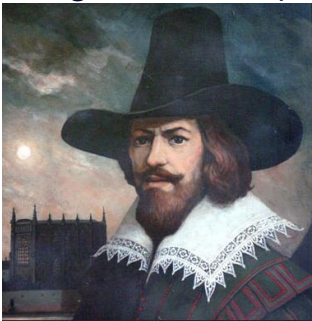
AUTUMN FESTIVALS AROUND THE WORLD

BONFIRE NIGHT

By Jaida, Naomi & Olivia

The history of bonfire night is very interesting! A man called Guy Fawkes and a group of plotters attempted to blow up the Houses of Parliament in London and kill King James I by using barrels of gunpowder. Fawkes was caught by guards before he did this so nobody was hurt, and it's because of him that we celebrate Bonfire Night on 5th November.

Trough community events or in gardens, thousands of people every year set off fireworks, create bonfires and use sparklers, whilst some also enjoy eating toffee apples!



Guy Fawkes' real name was Guido Fawkes

Fun Facts:

Up until 1959 it was illegal NOT to celebrate Bonfire Night in Britain.

Fireworks were discovered by a Chinese cook 2,000 years ago by accident, when working in a field kitchen.

- Children **should not** help with fireworks display.
- Never **touch, throw, play with or light** fireworks.
- When watching the fireworks displays, **stand well back** from any firework that has been lit, even if it has not gone off.



DAY OF THE DEAD

By Jack, Michael & Zac

Also known as Dia de los Muertos, it is a Mexican national holiday celebrated every year during a 3 day festival which lasts from October 31st until 2nd November. It helps families to honour their deceased ancestors. In Mexican culture, death is not taboo as it is in many parts of the world.

Did you know Day of the Dead is over 3000 years old? It combines the ancient Aztec custom of celebrating ancestors with All Souls Day, a holiday that Spanish invaders brought to Mexico in the early 1500s. Day of the Dead is a joyful time that helps people remember the dead and celebrate their lives.



There are big colourful parades, especially in Mexico City, with massive sculptures and amazing creatures which are made from papier mâché, cardboard or wood.

People set up a candlelit altar in their homes so spirits can find their way back to their relatives. The altar offers some of the favourite foods of the dead and items that were important to the ancestors, such as a favourite book or belonging. During Day of the Dead people can be found in the graveyard cleaning the tombstones of their relatives while eating food, dancing to music and talking to their dead relatives.

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Black History Month

By Ashez, Bryan & Olivier

Throughout history, black people have been present in the UK but there hasn't been much information in history books.

In paintings of Henry VIII you can see black people in the background. Queen Victoria even had a black goddaughter whose mother was a Nigerian Princess called Omoba. She was given to the Queen when her parents died after being captured by slave traders. Her name was changed to Sarah Forbes-Bonetta.

Many people think it's important to remember the forgotten people who have helped to shape the UK.

October is Black History Month in the UK, an event that has been celebrated nationwide for more than 30 years.

It is a celebration of the achievements and contributions of the black community in the UK. Throughout history, black people have made huge contributions in art, music, science, literature and other areas. In the past, these contributions have often been ignored or played down because black people weren't treated the same way as other people because of the colour of their skin.



A racial prejudice is having a negative attitude towards someone or a group of people because of their race

The national 2023 Black History Month theme, Saluting our Sisters, celebrates black women who had contributions ignored, ideas copied and stolen, and voices silenced.



Black women are still treated differently because of their race and gender.

As part of your celebration of Black History Month, you could find out about the incredible things that these eleven women have done for Britain.

Phillis Wheatley (1753-1784)
Mary Seacole (1805-1881)
Fanny Eaton (1835-unknown)
Evelyn Dove (1902-1987)
Lilian Bader (1918-2015)
Joan Armatrading (1950-today)
Olive Morris (1952-1979)
Margaret Busby (1944-today)
Malorie Blackman (1962-today)
Dr Shirley Thompson
Zadie Smith (1975-today)

You can also find out more about British black history by listening to this song-
<https://www.bbc.co.uk/cbbc/watch/horrible-histories-british-black-history-song?collection=black-history-month>

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British Summer Time

By Sofia P

At precisely 2.00am on Sunday, 29th October 2023, the clocks will go back one hour in the UK. The good news is that we'll get another hour in bed, but the bad news is that it'll be getting dark by 4.00pm the following day.

In the UK, Daylight Saving Time came into use in 1916, due to the costs of energy during the war.



An easy way to remember which way the clocks change is to think of the seasons: in spring the clocks 'spring forward', while in autumn they 'fall back'.

A campaign at the beginning of the 20th century argued in favour of changing the clocks during the summer months to avoid wasting time in the morning.

Today people claim that changing the clocks will be good for:

- reducing energy for environmental reasons
- having longer evenings to have fun!
- encouraging people to exercise more outdoors.
- reducing road accidents.

There is also an argument for against daylight savings time:

- The hassle of changing the clocks twice a year
- Safety concerns about darker mornings
- Some farmers worry about the effect of changing routines for the farm animals.
- We don't need to because we spend most of our time in well-lit homes, shops and offices, where the amount of daylight makes little difference to our lives.

It's a debate that continues. Take our poll on your Goggle Classroom and let us know what you think.



To find out more information on this topic visit
<https://www.bbc.co.uk/bitesize/articles/z6kdp8>

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Eco-friendly Celebrations

By Julia

Many people will be carving a pumpkin, but don't just throw out the extra bits! According to one UK study, only 42% of people realise that the fleshy inside of carving pumpkins are good for eating. Time to spread the word and reduce the annual pumpkin waste. You get the most delicious crispy seeds in just 10 minutes. You could also make a warming pumpkin soup. Try these recipes and let us know if you enjoyed them!

Roasted Pumpkin Seeds



Ingredients

- fresh pumpkin seeds, scooped from the pumpkin
- 2 tsp olive oil

Method

STEP 1 Heat the oven to 200C/180C fan/gas 6. Wash the seeds thoroughly and remove any stringy bits of pumpkin flesh. Dry well using kitchen paper.

STEP 2 Put the seeds on a baking tray and toss with the olive oil. Roast for 10 mins. Serve with a little seasoning for a snack, if you like, or use as a garnish for salads or soups.

<https://www.bbcgoodfood.com/recipes/roasted-pumpkin-seeds>

Kitchen Safety Rules for Kids

1. Ask an adult's permission before cooking.
2. Wash hands often with soap and water.
3. Start with clean surfaces and clean cooking tools.
4. Fasten hair back if it is long.
5. Wear a clean apron.

Pumpkin Soup



Ingredients

- 600 g pumpkin flesh, roughly chopped
- 2 celery sticks, roughly chopped
- 1 garlic clove, roughly chopped
- 1 tsp. each ground cumin and coriander
- 800 ml vegetable stock
- 200 ml coconut milk
- 1 tbsp. pumpkin seeds

Method

STEP 1 Put the pumpkin flesh into a food processor and whiz for 30sec until almost smooth. Add the celery, garlic and spices and whiz again for 30 seconds. Empty into a large pan.

STEP 2 Pour over stock and coconut milk, bring to the boil, then cover and simmer for 15 minutes.

STEP 3 Remove from heat and blend until smooth - do this in batches, if necessary. Check the seasoning and ladle into warmed soup bowls. Sprinkle with pumpkin seeds and freshly ground black pepper. Serve with crusty bread.

<https://www.goodhousekeeping.com/uk/halloween/a535444/spiced-pumpkin-soup/>

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WHAT MADE US SMILE

By Naomi, Olivia and Jaida

*When the children
sing 'It's Friday
Then...' in celebration
assembly!
Margaret*

*When we do art!
Kaya 1B*

*Computing class
has made me
smile!
Kayden 3C*

*New children that
are joining our
school makes me
smile!
Angie*

*When I got to
meet my new
class!
Miss O'Connor*

*The jokes my
friends told me!
Eva 2M*

*When my class is
behaving properly
during our lessons!
Mr Masterson*

*My friends and
teacher make me
smile!
Aleah 4AM*

*Seeing the progress
that my class made
during swimming!
Mrs Abbott Myles*



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Outings

One of my favourite school trips has been the Science Museum, in central London. The home of human ingenuity, award winning exhibitions, iconic objects and stories of incredible scientific achievements- and all this for FREE!!!

- 1.It's the 6th most visited museum in the British capital.
- 2.It was the first London museum to open a gallery for children back in 1931.
- 3.The museum is home to one of the oldest clock mechanisms in the world, dating from the 14th century.

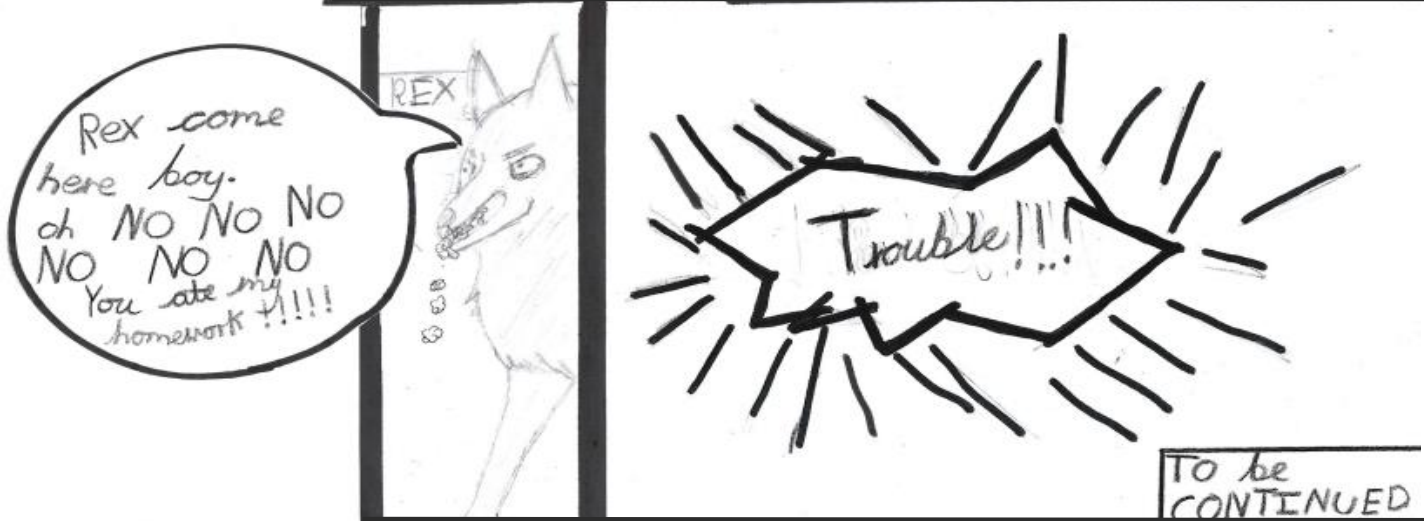


Comic

Have a wonderful weekend children!

It's only 10000 pages

Here is your homework!!



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Jokes & Riddles

By Zac

What do
you call a
spider with 20
eyes?

**Spi
iiiiiiiiiiii
der!**



I protect, I stand tall
my purpose is to strike
fear in all. What am I?

A scarecrow.

How did
the skeleton
know it would
rain?

**He could feel it
in his bones!!!**



Each morning I appear to
lie at your feet. All day I
will follow no matter how
fast you run, yet I nearly
perish in the midday sun.

Your shadow.

COMPETITION



We need a new name for our School Newspaper! What would be a really catchy newspaper name? Write your suggestions down and bring them to Ms Phillips in 5P. The winner will be announced in the next edition alongside the new name!

Where do
werewolves
store their
treats?

**In a
warehouse!!!**



GET INVOLVED

The newspaper team value your voice! Please send us articles about interesting trips, art, crafts, poems, recipes, reviews and school news. Let us know what you liked about the newspaper and any suggestions for our next issue out in December.

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Half-Term in Photos



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