

### **Personal, Social and Emotional Development**

We will continue to support the children to build constructive and respectful relationships, to express their feelings and be aware of the feelings of others. We will encourage the children to show resilience and perseverance in the face of challenge.

#### **You can help at home by...**

Encouraging your child to talk about their feelings at home and suggest strategies they can use if they are upset (eg. telling an adult or having a drink of water). Encourage turn taking when playing at home and model play language.

### **Communication and Language**

We will continue developing the children's listening and attention skills so that they will be able to express their ideas, ask questions and start and maintain a conversation with a friend or in a small group.

#### **You can help at home by...**

Using complete sentences in your everyday talk, narrating your own and your child's actions. When reading, ask open questions about the story, characters and setting.

### **Physical Development**

We will continue to develop the overall body strength, co-ordination, balance and agility and support the development of their fine motor skills so that they can use a range of tools competently, safely and confidently.

#### **You can help at home by...**

Engaging in activities to develop both their fine motor skills (threading, pouring, stirring, dancing with scarves, dressing and undressing dolls, making models with junk materials, construction kits and malleable materials like clay) and gross motor skills (go to the park, use climbing frames, exercise)

### **Literacy**

We will continue to learn new harder to read and spell words and revise the graphemes learnt so far. The children will continue to use their phonics knowledge to write sentences and will be encouraged to use a capital letter, finger space and full stop.

#### **You can help at home by...**

Encouraging your child to use their sounds when reading and writing and help them to learn their tricky and high frequency words by sight.

## **Reception Curriculum Map Spring 1 2026**

### **Mathematics**

We will be looking at simple addition and subtraction of small numbers. We will deepen our understanding of numbers up to 10 and compare mass and capacity.

#### **You can help at home by...**

Involving your child in measuring, weighing and timing activities. Ask your child to count out a given number and encourage them to use a mathematical language when completing tasks (more than, add, less than etc)

### **Expressive Arts and Design**

The children will have lots of opportunities to explore, use and refine a variety of material to express their ideas and feelings. They will learn to create and develop their own storyline when playing in small groups.

#### **You can help at home by ...**

Encouraging your child to talk about what they have drawn/made, what material they have used.

### **Religious Education**

The topic this half term is called Galilee to Jerusalem and the children will explore Jesus's life through special stories.

#### **You can help at home by ...**

Taking time with your child to reflect on all the blessings your family experiences. You can say simple prayers with your child at home and provide moments of calm and quiet.

### **Understanding the World**

We will be learning about the world around us. We will be looking at aspects of our familiar world such as the place where we live or the natural world, observing similarities, differences, patterns and change.

#### **You can help at home by...**

Talking about patterns, what is the same and what is different in our environment (on the way to school or when going for a walk), examining photographs and simple maps.